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American Academy of Pediatrics   
DEDICATED TO THE HEALTH OF ALL CHILDREN™

and the California District IX, Chapter 2, AAP in association with  
Children's Hospital Los Angeles Medical Group

# PEDIATRICS IN THE ISLANDS CLINICAL PEARLS 2013



**June 29 - July 5, 2013**

**Hyatt Regency Maui Resort  
Maui, Hawaii**

[www.ChildrensHospitalLAMedicalGroup.org](http://www.ChildrensHospitalLAMedicalGroup.org)

1-800-3-KID-CME / 1-800-354-3263

# CLINICAL PEARLS



## Pediatrics in the Islands...Clinical Pearls 2013 June 29 - July 5, 2013

The American Academy of Pediatrics and California District IX, Chapter 2 in association with Children's Hospital Los Angeles Medical Group are pleased to sponsor **Pediatrics in the Islands...Clinical Pearls 2013** on the island of Maui, Hawaii. This conference is intended to increase your knowledge and provide a comprehensive review of current issues and recent advances in selected pediatric subspecialty areas. Faculty members will discuss current clinical challenges via didactic presentations and roundtable discussions. Audience participation is encouraged throughout the course.

You should attend **Pediatrics in the Islands...Clinical Pearls 2013** if you are a pediatrician, family physician or other health professional who cares for infants, children and adolescents and are interested in enhancing your understanding of and developing solutions for the clinical issues you encounter in your daily practice.

### Course Objectives

At the conclusion of this activity participants should be able to identify, assess and manage common clinical issues in the areas of infectious diseases, emergency medicine, orthopedic surgery & sports medicine, gastroenterology & nutrition and adolescent medicine. Including:

- Describe the rationale behind primary prevention of atopy using dietary modifications during pregnancy, lactation and the first year of life.
- Formulate a work-up and treatment plan for a child with a suspected urinary tract infection.
- Evaluate pediatric sports related injuries and distinguish those that can be successfully treated in a primary care office.
- Prepare a primary care office to recognize and manage common pediatric office emergencies.
- Interview and counsel adolescent male patients about pubertal concerns, perform male genital examinations and deliver care to adolescent males who decline a genital exam.

### Accreditation

This activity has been planned and implemented in accordance with the Essential Areas and Policies of the Accreditation Council for Continuing Medical Education (ACCME) through the joint sponsorship of the American Academy of Pediatrics (AAP) and the American Academy of Pediatrics California District IX, Chapter 2. The American Academy of Pediatrics is accredited by the ACCME to provide continuing medical education for physicians.

The AAP designates this live activity for a maximum of 22.5 *AMA PRA Category 1 Credit(s)*<sup>™</sup>. Physicians should claim only the credit commensurate with the extent of their participation in the activity.

This activity is acceptable for a maximum of 22.5 AAP credits. These credits can be applied toward the AAP CME/CPD Award available to Fellows and Candidate Members of the American Academy of Pediatrics.

This Live activity, **Pediatrics in the Islands...Clinical Pearls 2013**, with a beginning date of June 29, 2013, has been reviewed and is acceptable for up to 22.50 Prescribed credit(s) by the American Academy of Family Physicians. Physicians should claim only the credit commensurate with the extent of their participation in the activity. Members of the College of Family Physicians of Canada are eligible to receive 22.50 Mainpro-M1 credits for attendance at this meeting due to reciprocal agreement with the American Academy of Family Physicians.

The American Academy of Physician Assistants (AAPA) accepts certificates of participation for educational activities certified for *AMA PRA Category 1 Credit*<sup>™</sup> from organizations accredited by ACCME. Physician assistants may receive a maximum of 22.5 hours of Category 1 credit for completing this program.

This program is accredited for 22.5 NAPNAP CE contact hours of which 3.25 contain pharmacology (Rx) content per the National Association of Pediatric Nurse Practitioners (NAPNAP) Continuing Education Guidelines.

The program provider, AAP California Chapter 2, has been approved by the California Board of Registered Nursing, Provider Number CEP 11121 for 4.5 contact hours per day.

### Disclosure of Financial Relationships and Resolution of Conflict of Interest

The AAP Policy on Disclosure of Financial Relationships and Resolution of Conflicts of Interest is designed to ensure quality, objective, balanced, and scientifically rigorous AAP CME activities. All individuals in a position to influence and/or control the content of AAP CME activities are required to disclose to the AAP and subsequently to learners that they either have no relevant financial relationships or any financial relationships with the manufacturer(s) of any commercial product(s) and/or provider of commercial services discussed in CME activities. All potential conflicts of interest are identified and resolved prior to an individual's confirmation of service at an AAP CME activity. Beyond disclosure of financial relationships, AAP CME faculty are required to disclose to the AAP and to learners when they plan to discuss or demonstrate pharmaceuticals and/or medical devices that are not approved by the FDA and/or medical or surgical procedures that involve an unapproved or "off-label" use of an approved device or pharmaceutical. The AAP is committed to providing learners with commercially unbiased CME activities.

## **Guest Faculty**

### **Margaret C. Fisher, MD, FAAP**

*Professor of Pediatrics  
Drexel University College of Medicine, Philadelphia, Pennsylvania  
Medical Director,  
The Children's Hospital at Monmouth Medical Center, Long Branch, New Jersey*

### **Stephen Ludwig, MD, FAAP**

*Professor of Pediatrics & Emergency Medicine  
Perelman School of Medicine at the University of Pennsylvania  
Emergency Medical Services  
The Children's Hospital of Philadelphia*

### **Charles J. Wibbelsman, MD, FAAP**

*Clinical Professor of Pediatrics  
University of California San Francisco, School of Medicine  
Chief, The Teenage Clinic  
Kaiser-Permanente, San Francisco, California*

## **Children's Hospital Los Angeles Medical Group**

### **Michelle M. Pietzak, MD**

*Clinical Assistant Professor of Pediatrics  
University of Southern California Keck School of Medicine  
Division of Gastroenterology & Nutrition  
Los Angeles County + USC Medical Center  
Children's Hospital Los Angeles*

### **David L. Skaggs, MD, FAAP**

*Associate Professor of Orthopaedic Surgery  
University of Southern California Keck School of Medicine  
Chief, Children's Orthopaedic Center  
Children's Hospital Los Angeles*

## **AAP Education Program Representatives**

### **Milton I. Arnold, MD, FAAP**

*Clinical Professor of Pediatrics  
UCLA School of Medicine  
Emeritus Chair, Program Committee (CME)  
AAP California Chapter 2*

### **Robert Adler, MD, MS Ed, FAAP**

*Professor of Pediatrics  
USC Keck School of Medicine  
Associate Chair, Department of Pediatrics  
& Director, Medical Education  
Children's Hospital Los Angeles*

# Meeting Schedule for Sunday, June 30th - Thursday, July 4th



## Sunday, June 30

**Moderator: Michelle M. Pietzak, MD**

- 7:00 am Coffee and pastries  
7:20 am Greetings and Introductions  
7:30 am Gluten Free Diet: Fad or Fact?  
**Michelle M. Pietzak, MD**  
8:00 am Confidentiality & Legal Aspects of Caring for the Adolescent  
**Charles J. Wibbelsman, MD**  
8:30 am Vaccines, Not Just for Babies  
**Margaret C. Fisher, MD**  
9:00 am *Break*  
9:20 am Vaccine Safety  
**Margaret C. Fisher, MD**  
9:50 am Torticollis to Scoliosis: Spine Problems in Children  
**David L. Skaggs, MD**  
10:20 am Question and Answer Session  
Moderator: **Robert Adler, MD, MS Ed**

11:00 - 12:20 pm

### SEMINARS

1. Infectious Disease Cases  
**Margaret C. Fisher, MD**
2. GI Complications of Obesity: Fertile, Fat and Fourteen  
**Michelle M. Pietzak, MD**
3. The Office Orthopedic Exam  
**David L. Skaggs, MD**



## Monday, July 1

**Moderator: Robert Adler, MD, MS Ed**

- 7:00 am Coffee and pastries  
7:30 am The Irritable Child  
**Stephen Ludwig, MD**  
8:00 am Cyclic Vomiting Syndrome  
**Michelle M. Pietzak, MD**  
8:30 am Sports Medicine: Optimizing Youth Training, General Principles  
**David L. Skaggs, MD**  
9:00 am *Break*  
9:20 am Sports Medicine: Injuries  
**David L. Skaggs, MD**  
9:50 am Contraceptive Update: How to Help Your Patient Make the Right Choice  
**Charles J. Wibbelsman, MD**  
10:20 am Question and Answer Session  
Moderator: **Michelle M. Pietzak, MD**

11:00 - 12:20 pm

### SEMINARS

1. Office Procedures  
**Stephen Ludwig, MD**
2. Adolescent Male Reproductive & Sexual Health  
**Charles J. Wibbelsman, MD**
3. GI Complications of Obesity: Fertile, Fat and Fourteen  
**Michelle M. Pietzak, MD**



## Tuesday, July 2

**Moderator: Milton I. Arnold, MD**

- 7:00 am Coffee and pastries  
7:30 am UTI: A Cloudy Issue at Best  
**Margaret C. Fisher, MD**  
8:00 am Back Pain: When to Worry  
**David L. Skaggs, MD**  
8:30 am Adolescents & the Media  
**Charles J. Wibbelsman, MD**  
9:00 am *Break*  
9:20 am Screening Adolescents for Depression and Suicide Risk  
**Charles J. Wibbelsman, MD**  
9:50 am Preparing for Office Emergencies  
**Stephen Ludwig, MD**  
10:20 am Question and Answer Session  
Moderator: **Robert Adler, MD, MS Ed**

11:00 - 12:20 pm

### SEMINARS

1. The Office Orthopedic Exam  
**David L. Skaggs, MD**
2. Infectious Disease Cases  
**Margaret C. Fisher, MD**
3. Adolescent Male Reproductive & Sexual Health  
**Charles J. Wibbelsman, MD**



## Wednesday, July 3

**Moderator: Robert Adler, MD, MS Ed**

- 7:00 am Coffee and pastries  
7:30 am Don't Miss This! Fakeouts in Orthopedic Trauma in Children  
**David L. Skaggs, MD**  
8:00 am Pets as Pests  
**Margaret C. Fisher, MD**  
8:30 am Visual Diagnosis  
**Stephen Ludwig, MD**  
9:00 am *Break*  
9:20 am Interesting and Unusual Cases in the ED  
**Stephen Ludwig, MD**  
9:50 am The Evolution of Breastfeeding and Infant Formula  
**Michelle M. Pietzak, MD**  
10:20 am Question and Answer Session  
Moderator: **Michelle M. Pietzak, MD**

11:00 - 12:20 pm

### SEMINARS

1. GI Complications of Obesity: Fertile, Fat and Fourteen  
**Michelle M. Pietzak, MD**
2. The Office Orthopedic Exam  
**David L. Skaggs, MD**
3. Office Procedures  
**Stephen Ludwig, MD**



## Thursday, July 4

**Moderator: Michelle M. Pietzak, MD**

- 7:00 am Coffee and pastries  
7:30 am The Pediatrician's Role in Caring for Gay, Lesbian, Bisexual & Transgender Youth  
**Charles J. Wibbelsman, MD**  
8:00 am Minor Trauma, Major Consequences  
**Stephen Ludwig, MD**  
8:30 am The Influence of the Gut Microbiota and Probiotic Bacteria on Pediatric Health and Immunity  
**Michelle M. Pietzak, MD**  
9:00 am *Break*  
9:20 am The Growing Problem of Pediatric Food Allergies: Prevalence and Prevention  
**Michelle M. Pietzak, MD**  
9:50 am Pneumonia: Do the Guidelines Help?  
**Margaret C. Fisher, MD**  
10:20 am Question and Answer Session  
Moderator: **Robert Adler, MD, MS Ed**

11:00 - 12:20 pm

### SEMINARS

1. Adolescent Male Reproductive & Sexual Health  
**Charles J. Wibbelsman, MD**
2. Office Procedures  
**Stephen Ludwig, MD**
3. Infectious Disease Cases  
**Margaret C. Fisher, MD**

### Future Meetings!

**Aloha Update: Pediatrics® 2013**  
**Grand Hyatt Kauai Resort & Spa**  
October 12 - 18, 2013

**Pediatric Potpourri®:**  
**State of the Art 2014**  
**Hyatt Regency Maui Resort & Spa**  
February 8 - 14, 2014

**Pediatrics in the Islands...**  
**Clinical Pearls 2014**  
June 28 - July 4, 2014  
**Hyatt Regency Maui Resort & Spa**

## Registration

Saturday, June 29 3 p.m. - 6 p.m.  
Daily thereafter 7 a.m. - 11 a.m.  
Meeting dates: Sunday, June 30 - Thursday, July 4

## Group Activities

Sign up for these activities on the conference registration form. Space is limited: reserve early. Below prices are inclusive of gratuity and all taxes and fees.

### Sunset Cruise

Enjoy a relaxing sail aboard a state-of-the-art catamaran while you witness the magnificent views of the surrounding islands in the late afternoon sun. Refreshments will be served. The cruise departs off the Whaler's Village beach, about a 15 minute walk from the Hyatt. (Boarding is from the beach, wading knee-deep directly to the boat.)

**Date:** Tuesday, July 1, 2013

**Time:** 5:00 - 7:00 p.m.

**Price:** \$74(Adults), \$66 (Teens 13-17),

\$59 (Children 2-12), (Infants 0-1) are free, but must be listed on the registration form.)

### Old Lahaina Luau

Enjoy an evening of authentic Hawaiian food, music and dance at the Old Lahaina Luau. This award winning luau is renowned for authentic presentation of traditional Hawaiian food, music and hula. "The best luau you'll find on Maui ... remarkable." (Fodor's Guide to Hawaii and Maui) Includes a bountiful buffet, cocktails and fresh flower lei greeting.

**Date:** Wednesday, July 3, 2013

**Time:** 5:45 - 8:45 p.m.

**Price:** \$95 (Adults)

\$65 (Children, under 12),  
Infants not occupying a seat are free.

## Attractions and Activities

Maui offers a wide variety of other attractions and activities including:

- Lahaina Town —  
The mid-1800s whaling capital of the Pacific
- Haleakala National Park —  
Site of the world's largest dormant volcano
- Molokini Island —  
A marine life conservation district and seabird sanctuary
- The Road to Hana
- Maui Ocean Center
- Alexander & Baldwin Sugar Museum
- Bailey House Museum
- Iao Valley State Park
- Maui Tropical Plantation
- Tedeschi Vineyards
- Sunrise Protea Farm
- Enchanting Floral Gardens of Kula
- Scuba, snorkeling and kayaking
- Horseback riding
- Hiking and biking
- Golf
- Helicopter adventures
- Surfing and windsurfing
- Sailing
- Submarine tours

## Travel & Accommodations

To make your reservations at our special, discounted rates, please visit our travel website at: [www.PediatricsHawaii.com](http://www.PediatricsHawaii.com)

### Hyatt Regency Maui Resort

Located on popular Kaanapali Beach, the Hyatt Regency is one of Maui's leading luxury resorts. The grounds are a paradise of ponds, lagoons and tropical gardens inhabited by exotic fauna and flora. The free-form swimming pool, one of Maui's largest, is lined with rope bridges, waterfalls, grottoes and waterslides. Guest rooms are comfortably appointed, each with a private lanai. Activities available include Spa Moana fitness center, tennis, golf at Kaanapali's two courses and Camp Hyatt, for children 5-12. Visit Whaler's Village, a popular Kaanapali attraction, and nearby Lahaina Town, with its myriad of shops, restaurants and boutiques.

**Regency Club** – Upgrade to the Hyatt's Regency Club at special group rates. Regency Club privileges include continental breakfast, daily and evening buffet services, beverages and more.

### Hyatt Regency Maui Reservations

The special group rates for Pediatrics in the Islands participants are:

- Resort View: \$280/night
- Deluxe Ocean View: \$305/night
- Regency Club Ocean: \$390/night
- Ocean Suite: \$494/night

*Occupancy: Rates are valid for one or two adults per room. Additional adults over 18 are charged at \$75 per night. Maximum occupancy is 4 per room. Children 18 and under are free. Please refer to the website for bedding options and other important details.*

Our special group rates include the following add-on fees **on a complimentary basis:**

- Hyatt Regency Resort Fee, currently a \$25 per day mandatory fee. Includes in-room wire less internet access, fitness center admission, local phone calls and other guest amenities.
- Hyatt Regency Self-Parking Fee, currently a \$14 per day fee.

*Note: The above services are complimentary only if you book at our special group rates. Most other quoted rates do not include these add-on fees. If you book outside of our group, you can expect to see these fees added to your bill at check-out.*

*The above rates do not include applicable Hawaii tax (currently 13.42% per room night occupied). This tax will be added to your final bill at check-out.*

Typical conference arrival and departure dates are:  
Check-in: Saturday, June 29, 2013  
Check-out: Friday, July 5, 2013

Rooms may be reserved at our special group rates from Wednesday, June 26, 2013 through Monday, July 8, 2013, subject to availability.

**Deposits and Cancellations:** A two (2) night deposit is required at time of booking. Cancellations from 30 days to 72 hours before arrival will be assessed a one (1) night room and tax charge. Cancellations within 72 hours of arrival will be charged two (2) nights room and tax.

Visit our travel website to make your Hyatt reservations at our special group rates.

If you require additional assistance with room reservations, please call Hyatt reservations at (888) 421-1442 or (402) 592-6464 and ask for the "Pediatrics in the Islands" conference rate at the Hyatt Regency Maui.

### Rental Car Reservations

To make the most of your visit to Maui, we highly recommend a rental car.

Please visit our travel website for specially discounted rental rates with Hertz, Avis, and Alamo.

Typical weekly rates with unlimited mileage (excluding gas, taxes, and optional insurance):

- Sedans, from \$169 compact to \$225 full size
- SUV's from \$275
- Minivan, convertible, or Jeep \$345

*If you prefer to call for rates/reservations, contact:*

- Hertz: (800) 654-2240 and give discount code: CV #044F0006
- Avis: (800) 230-4898 and give discount code: H055246
- Alamo: (877) 222-9075 and give discount code: CD-7013807

Note: While most flights arrive at Maui's main airport (code OGG), some arrive at the west Maui airport (code JHM). Be sure to select your correct arrival/departure airport when making your rental car reservations.

### Flights

The main airport in Maui is the Kahului Airport (also known as the Maui International Airport), code OGG. This airport is 28 miles from the Hyatt Regency Maui Resort in Ka'anapali, about 45 minutes by car.

The much smaller Kapalua Airport in west Maui, code JHM, is served by commuter flights to and from Honolulu (code HNL). This airport is 5 miles from the Hyatt Regency Maui Resort, about 10 minutes by car.

For additional information, please visit our travel website.

### Travel Assistance

For assistance or additional information, please contact our travel services provider: **University Travel;** (800) 821-5094 or (818) 563-9808; Fax: (818) 563-9842; Email: [pediatrics@unitrav.com](mailto:pediatrics@unitrav.com) (CST registration # 1015591-40)

### Conference Registration Cancellation Fees:

Prior to May 1, 2013 \$ 50.00 • May 1 to June 1, 2013 \$ 125.00 • After June 1, 2013 \$ 200.00

**Activities: No Refunds**

Visit [www.ChildrensHospitalLAMedicalGroup.org](http://www.ChildrensHospitalLAMedicalGroup.org) (go to CME page),  
for on-line conference registration or to add your name to our mailing list.  
Visit [www.PediatricsHawaii.com](http://www.PediatricsHawaii.com)  
for on-line hotel, rental car and/or airline reservations.

**Conference Registration**  
Pediatrics in the Islands...Clinical Pearls 2013  
June 29-July 5, 2013 – Hyatt Regency Maui Resort

Name \_\_\_\_\_ MD \_\_\_\_\_ Other \_\_\_\_\_  
Please check Specialty: \_\_\_ Pediatrics AAP# \_\_\_\_\_  
                                  \_\_\_ Family Medicine AAFP# \_\_\_\_\_  
                                  \_\_\_ Other: \_\_\_\_\_  
Address \_\_\_\_\_  
City/State/Zip \_\_\_\_\_  
Primary Phone \_\_\_\_\_ Office \_\_\_\_\_ Home \_\_\_\_\_ Cell \_\_\_\_\_ Other \_\_\_\_\_  
Secondary Phone \_\_\_\_\_ Office \_\_\_\_\_ Home \_\_\_\_\_ Cell \_\_\_\_\_ Other \_\_\_\_\_  
Fax \_\_\_\_\_ Email \_\_\_\_\_

<b>Tuition:</b>		Early Registration by April 1, 2013	
Physician	\$855	\$805	\$ _____
Past Physician Registrants	\$805	\$755	_____
CHLA Staff/Alumni	\$795	\$745	_____
AAP CA Dist. IX, Chap. 2	\$795	\$745	_____
* Residents / Interns	\$595	\$545	_____
Retired Physicians	\$595	\$545	_____
Non-Physicians (PAs, NPs, etc.)	\$595	\$545	_____

\* A letter from the Chief of Staff must accompany registration for reduced Resident/Intern tuition. Full tuition will be charged if not pre-registered.

**Group Activities:**

Sunset Cruise - Monday, July 1, 2013 – 5:00-7:00 pm  
# \_\_\_\_\_ @ \$74 per adult = \$ \_\_\_\_\_  
# \_\_\_\_\_ @ \$66 per teen, 13-17 = \$ \_\_\_\_\_  
# \_\_\_\_\_ @ \$59 per child, 2 - 12 = \$ \_\_\_\_\_      Sunset Cruise Subtotal: \$ \_\_\_\_\_  
# \_\_\_\_\_ Infants (0-1) are free, but must be listed on this form to be ticketed. All passengers must have a ticket to board the boat.

Old Lahaina Luau - Wednesday, July 3, 2013 – 5:45-8:45 pm  
# \_\_\_\_\_ @ \$95 per adult = \$ \_\_\_\_\_  
# \_\_\_\_\_ @ \$65 per child, under 12 = \$ \_\_\_\_\_      Old Lahaina Luau Subtotal: \$ \_\_\_\_\_  
# \_\_\_\_\_ Infants not occupying a seat (free)

**Total Amount Due:**

**Tuition Total: \$ \_\_\_\_\_ + Group Activities Total: \$ \_\_\_\_\_ = Total: \$ \_\_\_\_\_**

**Payment:**

Check enclosed (payable to Children's Hospital Los Angeles Medical Group or CHLAMG)  
Credit Card:  Visa     MasterCard     Amer. Exp.     Discover  
Card No. \_\_\_\_\_ Security Code \_\_\_\_\_ Exp. Date \_\_\_\_\_  
Name on Card \_\_\_\_\_ Signature \_\_\_\_\_  
Billing Address \_\_\_\_\_  
Billing City/State/Zip \_\_\_\_\_

**Hotel, Rental Car and Flight Information:**

The above conference registration does not include hotel, rental car or airline reservations. Visit our travel website, [www.PediatricsHawaii.com](http://www.PediatricsHawaii.com), for information and reservations.

For assistance or additional information, please contact our travel services provider: **University Travel**  
(800) 821-5094 or (818) 563-9808; Email: [pediatrics@unitrav.com](mailto:pediatrics@unitrav.com); 9 a.m. - 5 p.m. Pacific, Monday through Friday  
University Travel, CST Registration #1015591-40.

**Please return your completed registration form to: CHLAMG / Attn: Pediatrics in the Islands**  
6430 Sunset Blvd., Suite 600, Los Angeles, CA 90027-7909 • 1-800-3-KID-CME (800-354-3263) or (323) 361-2752  
Fax (323) 361-5068 • [www.ChildrensHospitalLAMedicalGroup.org](http://www.ChildrensHospitalLAMedicalGroup.org)